



ADDICON-2024

4TH Annual National Conference of Addiction Psychiatry Society of India (APSI)

17th to 19th October 2024

Venue: SKIMS Medical College Bemina Srinagar, J&K

17th October 2024 - Thursday (Day-1)

Time	Main Auditorium	Hall A	Hall B
08:30-10 :00	Free Paper Session (10 papers) <i>Dr Aijaz A Suhaff</i> <i>Dr. Gulzar Muzaffar</i>	Free Paper Session (10 papers) <i>Dr. Mohammad Abrar</i> <i>Dr Sajid Mohammad</i>	Free Paper Session (10 papers) <i>Dr. Umar Jan</i> <i>Dr Himayun Majeed</i>
10:00 -11:00	<p>Invited Symposium: <i>Diversion and Misuse of pharmaceutical substances: A multi-stakeholder approach</i></p> <p>Chairs: <i>Dr. Atul Ambekar</i> <i>Dr Jagdesh Raj Thappa</i></p> <p>Are Psychiatrists unfairly targeted for stocking and dispensing narcotic and psychotropic medications? Dr Atul Ambekar</p> <p>Regulations pertaining to pharmaceutical substances under the NDPS Act Shri Dinesh Boudh</p> <p>Investigating and prosecuting violations of the NDPS Act committed by health care professionals: Perspective of law enforcement agencies Shri Shailesh Jambotkar</p> <p>Initiatives / measures taken by the drug control department, J&K to curb drug menace Dr Lotika Khajuria</p>		
11:00-12:00	<p>Invited Symposium: <i>Addiction Treatment Facilities (ATFs) as a mechanism to enhance service provision for substance use in India</i></p> <p>Chairs: <i>Dr Alok Agrawal</i> <i>Dr. Tajamul Hussain</i></p> <p>The ATF scheme: Structure and the current status Dr Alok Agrawal</p> <p>Experience of implementing ATF in SKIMS, Bemina Dr Nizam ud Din Dar</p> <p>Addiction treatment services in a primary care setting: ATF in AIIMS Bhopal Dr Vijender Singh</p>		

		ATFs in Tripura: Challenges, opportunities and experiences Dr Dipayan Sarkar		
12:00 -13:00	Inaugural Session Followed by High Tea			
13:00-13:40	Plenary Lecture -1 Chairs: <i>Dr Arshad Hussain</i> <i>Dr Rupinder Kapoor</i>	Is there a need to reform our policies regarding cannabis? Dr P K Dalal		
13:40 - 14:30	Lunch Break / E Posters (1-15)			
14:30 - 15:10	Plenary Lecture -2 <i>Dr Zaid A Wani</i> <i>Dr Raju Haleja</i>	Unconventional Substances of abuse - An unconventional talk! Dr Debashis Basu		
15:10 - 16:10		Panel Discussion involving Multiple stake holders: Experts : - Senior Bureaucrat: Latief U Zaman Deva IAS (Retd) Formerly Chairman J&K public Service commission Education Department: Dr. Seema Naz Principal Govt College of Education (IASE) Police: Mr Mohammad Shafi, JKPS Administration: Mr Tahir Magray, JKAS Revenue Attorney with Div Com Kashmir Health Department / Psychiatrist: Dr Yasir H Rather	Workshop / Symposia- 1 <i>Alcoholism and Cinema: A case of a cloud with a silver lining</i> Bollywood and Alcoholism: a lot to be desired Dr Gulbahar Singh Sidhu Bollywood and alcoholism: the silver lining Dr Deepali Gul Alcoholism and the ott platforms Dr Gurvinder Pal Singh	Workshop / Symposia – 2 <i>Substance use among physicians: Scope of problem, risk factors and challenges in management.</i> Watching over our own: Challenges in the management of physician substance use Dr Shreya Shukla From Stigma to support: Management of Physician substance use Dr Roshan Bhad Substance use among physicians Dr Yesh Chandra Singh Physician Health Programme: Experiences from NHS, U.K. Dr Benjamin Shepherd
		Moderator: Dr Fazle Roub	Chairs: Dr Gulbahar Singh Sidhu, Dr Seema Batool	Chairs: Dr Roshan Bhad, Dr. Bilal Ahmad

16:10- 17:10	Symposia / Workshop	<p>Workshop / Symposia- 3 <i>The Shifting Landscape of Substance use: Understanding New Psychoactive Substances</i></p> <p>Epidemiology: Emerging Trends and Patterns of NPS Use Dr Pooja Shakya</p> <p>Pharmacology and Toxicology of NPS Dr Manmeet Kaur Brar</p> <p>Clinical and Psychiatric Aspects of NPS Use Dr Shreya Shukla</p> <p>Policy, Legislation, and Public Health Responses to NPS Dr Ravindra Rao</p>	<p>Workshop / Symposia - 4 <i>Legalisation of cannabis: should India get onboard the Mary Jane Train?</i></p> <p>History of legalisation of cannabis and global perspectives. Dr Deepali Negi</p> <p>Proponents of cannabis legalisation: examination of evidence and their implications for India Dr Gurveen Bhatia</p> <p>Opponents of cannabis legalisation: examination of evidence and implications for India Dr Asmita Vashisht</p> <p>The way forward: conclusion and recommendations. Dr Shalini Singh</p>	<p>Workshop / Symposia - 5 <i>Architectural Sleep Abnormality and Craving: An Exploration of its Bidirectional Relationship.</i></p> <p>Introductory concept of craving and sleep architectures in substance use disorders. Dr. Sambhu Prasad</p> <p>Explorations of the bidirectional relationships understanding the neurobiological underpinnings. Dr. Pankaj Kumar</p> <p>Evidential support from the existing literature including the present study in this regard. Dr. Sulagna Mallik</p> <p>Unraveling digital addiction Dr Anadrika Debbarma</p>
		Chairs: Prof Ravindra Rao, Dr Nikhil Gupta	Chairs: Dr Shalini Singh, Dr Insha Rouf	Chairs: Dr Sambhu Prasad, Dr Shabir Ahmad
17:10 - 18:10	Symposia / Workshop	<p>Workshop / Symposia- 6 <i>The Promise and Perils of Psychedelics in Psychiatry</i></p> <p>Healing and Beyond: The therapeutic potential of Psychedelics Dr Shreya Shukla</p> <p>Psychedelics through the ages: Tradition, ban and rebirth Dr Biswadip Chatterjee</p> <p>The Status of Psychedelics in Addiction Dr Dinesh M</p> <p>The path to Psychedelic medicine: Future directions Dr Vignesh Kuppusamy</p>	<p>Workshop / Symposia- 7 <i>Navigating Digital Addiction: Way forward for Digital balance.</i></p> <p>Intersection of digital addiction and psychiatric disorders Dr Shipra Singh</p> <p>Clinical face of digital addiction Dr Rashmita Saha</p> <p>Roadmap to overcome digital dependence Dr Pratibha Gehlawat</p>	<p>Workshop / Symposia- 8 <i>Novel treatment for Alcohol Dependence, Disulfiram implantation</i></p> <p>Novel treatment for Alcohol Dependence, Disulfiram implantation Dr Tushar Bhat</p> <p>Novel treatment for Alcohol Dependence, Disulfiram implantation Dr Dishneet Kaur Bagga</p>
		Chairs: Dr Biswadip Chatterjee, Dr Harshit Hemant	Chairs: Dr Pratibha Gehlawat, Dr Saif-u-din	Chairs: Dr Tushar Bhat, Dr Sabreena Qadri
20:00 PM	Conference Dinner (Venue: Hotel Six Seasons Nowgam Bypass)			

Time	Main Auditorium	Hall A	Hall B	
08:30 - 10:00	Preliminary Round ADDICON Quiz		Free Paper Session (10 papers)	
	Chairs: TBD		Chairs: Dr Arpit Parmar, Dr Hamid Ismail	
10:00 - 10:40	Plenary Lecture -3 Dr Ajit Avasthi Dr. Roop Sidana	Assessment and management of Substance use patients presenting in emergency Dr Sandeep Grover		
10:40 - 11:20	Plenary Lecture -4 Chairs: Dr Ravindra Rao Dr Rupesh Chaudhary	New Psychoactive Substances and stimulants: A rising concern for India Dr Ashwin Mohan		
11:20 - 11:40	Tea Break			
11:40 - 12:40	Symposia / Workshop	Workshop / Symposia- 9 <i>Substance Use and Internet Addiction in the Elderly: Addressing Risks and Promoting Healthy Aging</i> Prescription Drug Use and Misuse in Geriatric Care: Balancing Treatment and Risk Dr Preethy Kathiresan Tobacco Use in the Elderly: Addressing the Silent Epidemic Dr Siddharth Sarkar Natural Opium Use in Older Adults: Traditional Practices and Modern Challenges Dr Navratan Suthar Multi modal therapies in Rehabilitation of person with SUD Dr Sudha Mishra Collaboration work in SUD for long term recovery Dr Sandhya Gupta	Workshop / Symposia - 10 <i>Management of Alcoholic Liver Disease: What a psychiatrist needs to know?</i> Management of Alcoholic Liver Disease: Diagnosis and Prognostication Dr Raghav Shah Pharmacological management and Emerging Therapies for ALD Dr Sanjukta Ghosh Management of alcohol use in comorbid ALD	Symposium -11 Dr Merlin Mathew CONTINUITY OF CARE: SCOPE FOR NURSING PRACTICE Relapse Prevention in SUD Dr Prashanti Nattala Adherence to treatment For SUD Dr Renju S Baby Psychosocial therapies in Rehabilitation of person with SUD Dr Y Surbala Devi Dr Sonam Mehuriya
		Chairs: Dr Siddharth Sarkar, Dr Rajesh Chandel	Chairs: Dr Raghav Shah, Dr Rajinder Singh	
12:40 - 13:20	Plenary Lecture -5 Chairs: Dr Mohammad Maqbool Dr Kunta Bhagya Reddy	Nature & Nurture in CBT in RP- How it plays up" Dr Ashish Deshpande		
			Dr Sandhya Gupta, Mrs Muneera Kachroo	

		Lunch Break / E Posters (15-30)		
13:20 – 14:20				
14:20 – 15:00	Plenary Lecture – 6 Dr. Manmeet Singh Dr Mansoor Ahmad	The changing Scenario of drug use in Kashmir Dr Abdul Majid		
15:00 - 16:00	Symposia / Workshop	Workshop / Symposia- 12 <i>Substance Use Disorder in Women - Bench to Bedside</i> Epidemiology and risk factors of Substance use disorder in Women Dr Shalini Naik Assessment of women with substance use Dr Swapnajeet Sahoo Management of women with substance use Dr Subodh B N Addressing women with substance use disorder in private practice Dr Raghav Shah	Workshop / Symposia – 13 <i>Long-Term Psychosocial Management of Substance Use Disorders among different Population Groups.</i> Long-term management in Psychoactive Substance Use Disorders - key principles and concepts Dr Prasanthi Nattala Psychoactive Substance Use among Youth: Principles of Management and Skill-Based Intervention. Dr Padmavathy Doraiswamy Psychoactive Substance Use among Women: A Video-based Learning Resource for women on how to lead a substance-free life Dr Sunitha Sreenivasan Integrated Interventions for Psychoactive Substance Use in general hospital settings. Dr Sugavanaselvi S Interventions for Psychoactive Substance Use among patients with Traumatic Brain Injury (TBI) attending the Emergency & Casualty Setting (ECS). Dr Rajitha Pavalur	Workshop / Symposia-14 <i>Substance Use in Special Populations in India: Issues and Challenges</i> Substance use and related issues in LGBTQIA+ population in India Dr Arpit Parmar Substance use in women and their special needs Dr Amit Singh Substance use in elderly population in India: Unique challenges and treatment needs Dr Siddharth Sarkar People Who Inject Drugs: A distinct population of drug users Dr Mohit Varshney
		Chairs: Dr Subodh BN, Dr Yuman Kawoos	Chairs: Dr Krishna Kawal Dr Prashanthi Nattala	Chairs: Dr Siddharth Sarkar, Dr Shazia
16:00 – 16:40	Plenary Lecture -7 Dr Akash Yousuf Khan Dr Rajendra KM	Can normative behaviours become addictive? Understanding from the nature to nurture perspective Dr Arun Kandasamy		
16:40 – 17:40	Symposia / Workshop/Award Session	Thesis Award Presentations (6 papers) Round 2	Workshop / Symposia-15 <i>Innovations in Treatment of SUD: Nursing Intervention</i> Trauma informed care in SUD- principles and benefits Dr Keerthi Mohannan	Invited Workshop-16 <i>Managing Post Disaster Mental & Substance Use Disorders in Low Resource Setting</i> Overview of consequences of natural disasters, war, and insurgency on mental

		Scope of Nursing Practice in trauma informed care in substance use disorder” Dr Atul Sharma	health and substance use in vulnerable population Dr Roshan Bhad
		Digital Therapeutics(DTX) in recovery from SUD Ms Aparajita Guin	Understanding of Substance Use Problem in Kashmir as a Consequence of Disasters (terrorism, internal disputes, environmental disasters, and covid-19 pandemic) Dr Junaid Nabi
		Challenges in Recovery of SUD-Case of dual diagnosis and poly drug use Ms. Betsy Chakraborty	Psychological first aid assessing and mitigating distress following disasters and Trauma focussed CBT interventions & National Disaster Management Guidelines and Recommendations Dr Chetna Duggal
		Need for new Models of care in treatment of SUD Dr Sandhya Gupta	
		Chairs: Dr PK Dalal, Dr Debashis Basu	Chairs: Dr Swati Kedia , Dr Keerthi Mohannan
			Chairs: Dr Roshan Bhad, Dr Vijay Barre

17:40 ONWARDS **APSI AGBM (MAIN HALL- AT THE VENUE)**

20:00 **Conference Dinner (At the Venue)**

19th October 2024 - Saturday (Day-3)

Time	Main Auditorium		Hall A	Hall B
08:15 - 09:30	Free Thesis Paper Session (8 papers)		Free Paper Session (10 papers) Chair: Dr Parvaiz Alam Dr Sabah Younis	Free Paper Session (10 papers) Chair: Dr. Rehana Amin, Dr. Iqra Rashid
09:30 - 10:10	Plenary Lecture – 8 <i>Chair:</i> Dr Imtiyaz Mansoor Dr Rakesh Banal	Addiction treatment policy in Punjab: Lessons Learnt? Ashish Sharma		
10:10- 11:10	Dr Saadgi Jagawat Award for paper presentation	Chairs: Prof Atul Ambekar		
11:10- 11:30	Tea			
11:30 - 12:10	Plenary Lecture -9 <i>Chair:</i>	Application of Artificial Intelligence / Machine Learning in Addiction Psychiatry Koushik Sinha Deb		

	Dr Altaf Ahmad Dr Majid Shafi			
12:10 – 13:10		Workshop / Symposia- 17 <i>Neuromodulation for substance use disorder – accentuating experience of the drug de-addiction and treatment centre, PGIMER, Chandigarh</i> Working Principles of Neuromodulation Dr Shalini Naik Neuromodulation in Substance Use Disorder Dr Sharon Narula Chart review of Neuromodulation Clinical services at DDTC, PGIMER, Chandigarh Dr Chahat Jamwal Research experience of neuromodulation for substance use disorder Dr Mondeep Dhankar	Workshop / Symposia- 18 <i>Impact of Environment on Drug Dependence</i> Socioeconomic factors in drug dependence Dr Ramghulam Razdan Influence of social dynamics and family influences Dr Raj Bhan Environmental influences in shaping drug dependence Dr Dishanki Das	Symposium -19 <i>TREATMENT CHALLENGES IN ADDICTIVE DISORDERS AMONG YOUTH AND INMATES OF J&K.</i> Treatment Challenges in Addictive disorders among youth and inmates of J&K Dr Farhana Rafiq Dr Gulzar Muzaffar Mir
		Chairs: Dr Shalini Naik, Dr. Aliya Khanam	Chairs: Dr Ramghulam Razdan, Dr Youseph Kale	Dr. Shaheena Parveen, Dr. Ajmal Anjum
13:10 – 13:40	Invited Lecture - 10 Chairs: Dr Vaibhav Patil Dr Rayees Ahmad	Relapse prevention: Factors unique to comorbid AUD and ALD: A Private Practice Perspective Raghav Shah		
13:40 - 14:40	Symposia / Workshop/Quiz Chairs: Dr Abdul Majid Dr. Subhash Das	Final Round ADDICON Quiz		
		(Quizmasters: Dr Shalini Singh, Dr Preethy Kathiresan, Dr Ankita Chattopadhyay)		
14:40 Onwards	Valedictory, Awards distribution followed by Lunch			